

PAST LIFE REGRESSIONS

(Students' Experiences)

Regression 1

This first story is about a young woman that had a fear of Death.

"I am in a house. There is a wooden floor. It is a small house. I am age 16. I have 4 other family members. My Mother, Father and two younger sisters. It is the same family as present life.

My two sisters are younger. I love them all so much. We are in Poland. There is a war going on in our country. We are hiding from the soldiers. We are in the upstairs attic. It is hard to keep my sisters quiet. We have been here for two months now. We keep playing quiet games with my sisters.

The soldiers are looking for us. I don't know if or when they will find us. The soldiers are coming up the stairs. They take my Father first. They take him someplace else. They put my Mother, my sisters, and me on a train. We are all women. They have separated the men from the women. It is very hot. We are on the train for a long time. The smell is horrible. It smells like urine. We can't move. People are crying and screaming.

We are stopping someplace. There are a lot of people. We are getting off. There are lots of soldiers here. The men are being taken away. They take us (the women) into a place with beds. The people here look very sick. They are now taking my sisters away. I am angry and my Mother is crying. The Mothers and children are screaming and crying.

The next day they are bringing me to work. We are sewing uniforms for us. We are making look-a-like dresses and they are very plain. We are doing this with just needle and thread. The older women are all gone and we are all ages 15 to 20. All of us younger girls are kept behind. We have to clean up the bodies of the women. (The Mothers)

Some of the girls are starting to get sick. I am scared. They are taking us into a room. They are shoving us in like animals. People are screaming. I am trying to look into the eyes of the soldiers. They are going to kill us. I don't want to die. I am scared of the pain. The gas is coming. I am dying. I am trying to understand. There are so many of us. I am leaving my body. I am O.K." (As she looked down at her body she felt the peace and knew now there was no fear of death.)

We did the release and the forgiveness and received Universal permission to heal all of the souls connected to this incident. This is called vibration healing of souls passed on in traumatic times. I believe that is one of the ways we are doing accelerated healing for the planet.