
The Open Channel

A Growth Communication of BreakThru Seminars, Inc

Eagles Soar in 2004!

Dec 2003

IMAGINATION

As I channeled, I thought about the eagle – the eagle is the one I use for past-life regressions – I take people in to connect with the eagle, to take them into their past lifetimes, I now realize Nasroc and the eagle, the great eagle being the symbol of freedom, is that as people go into regressions they are freeing themselves from all the negativity and all the pain they have created in past lives. If you have past-life experiences that are negative for you at this point or time in life, you have to go back and access that because you cannot heal what you cannot feel. As you access the pain of those past lives, that's where the core issue that you are holding on to, eg that you cannot love yourself unconditionally or feel safe in this lifetime, because of the pain from the previous lifetimes or experiences, that's where we must do the releasing act to give you total freedom.

Life is really an illusion; remember life is just a game. We are much more than this tiny self that we think we are, we are all-encompassing in the universe. Are you completely free of the feelings connected to the self and others, or do you withhold?

In the Medicine Cards (by Jamie Sams & David Carson) it tells of the power of the Great Spirit, which is

what the Eagle stands for. It is the ability to live in the realm of spirit, and yet remain connected and balanced with the realm of the Earth.

Within the belief systems of Native American tribes, Eagle represents a state of grace achieved through hard work, understanding, and a completion of the tests of initiation which result in the taking of one's personal power. It is only through the trial of experiencing the lows in life as well as the highs, and through the trial of trusting one's connection to the Great Spirit, that the right to use the essence of Eagle medicine is earned.

I believe it is now time to be as the Eagle and soar above the mundane levels of your life. As you learn to fiercely attack your personal fear of the unknown, the wings of your soul will be supported by the ever present breezes which are the breath of the Great Spirit. It is time to take flight and follow the joy your heart desires.

Do you know your LIFE PUPOSE? Are you living it? Are you BEING it? Do you really know what you are PASSIONATE about?

ASTROLOGY

Mary Elizabeth Hoffman has become one of my good friends. She is one of the most intuitive Astrologers I know of. I have just received her

December Astrology report. In her synopsis for the Month are some of the things:

We continue to prepare for and cross the bridges between the past and the future. The releasing of the old frameworks, structures, beliefs and ways of relating that no longer serve the family of humanity has already begun.

The more diligently we each seek to discover what it is we must change, alter, let go of, transform or transmute in our lives that prevents us from being in harmony and cooperation with the Divine Plan the easier the next seven years will be for us.

December 2003 is a time for miracles to happen. It is our destiny to learn to BE who we are---the bringers of love and passion to the rest of the Universe. We must learn how to BE it. We are setting the stage in December for the learning processes humanity will go through during 2004,2005, and 2006. This deals with BEING love.

Many of us consciously or unconsciously even as Light Workers seek to influence people, the planet and our surroundings in an attempt to remain in control. Even though this is done with the best of intentions and with love, it is still forcing our will on the world around us.

The Breakthru Purpose

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This does not mean we become passive and desire nothing. It means we vibrate like a tuning fork from our own beingness who and what we seek to BE and BECOME. We are in our own energy space. We sing our song, we dance our dance, we vibrate to our own chosen frequency radiating out who and what we are in our essence.

We attempt to convert no one. If asked, we share who and what we are, otherwise we allow those around us the freedom to BE who they are as well.

It is a time for learning to trust our Inner Truth Center enough to act upon what we receive as Guidance. We each must take responsibility for creating our lives, our world and our future.

No longer is it advisable to send or receive energies as we have done in the past. Now we must move into another mode of BEING in our own energy space. Taking and giving nothing. Only radiating and being. This keeps us from being hooked into, manipulated or unduly influenced by the thought, feeling, hidden agendas or expectations of others. It is another form of releasing cords of others.

As we are able to let go of our “need to fix, heal or change the world, the more clearly and purely we are able to BE the energies of love, harmony, peace and joy.

We don't have to DO anything. We just have to BE love. All the rest will fall into place.

Many of us have thought that we, because of our good intentions, had the right to make decisions and choices for others thereby short-circuiting their lessons and creating chaos. Free will is a God given right and no one has the right to take it away – even in the name of God or goodness.

Mary will have a link on the Web site for Break Thru Institute. She does phone readings if you are interested. Her phone number is 360-945-2614. Her web site is www.almatara.com

MIRACLES FROM HEAVEN FOR 1997

It was January of 1997 and little did I know the changes that were ahead in my life.

One of my students from Tampa called me and was concerned about her Mother. She was seeing a Medical Doctor and was told she had to be institutionalized. In other words she was having a mental breakdown. My student asked me if I would please come down and work with her Mother. I had a free week the end of January and I ended up in Tampa, Fl. I worked with her Mother and found she had seven attached energies which were really creating confusion in her life. I regressed her back to three different lifetimes to find their source and then released them to be “free Spirits and to free her” Three days later she went back to the Doctor and she passed all the tests that said she was normal and was back to work the next week.

A physic lived next door and the 2nd day I was there came over to meet me. He looked at me and said, you are supposed to be in Naples, I see people all around you there and they need your work. The next day my friend and I headed for Naples, which was about three hours south of Tampa. When we arrived I said, we need to get over by the water and as we were driving by all the homes facing the Gulf of Mexico, we passed one that had an open house sign. We had gone about two miles and one of my main guides gave me the message that we were to go back to the house with the open house sign.

As we pulled up the Realtor was just getting ready to leave. I got out of the car and introduced myself as a Spiritual Healer from Detroit, Mi. I told him my background had been Real Estate and I knew he could help me. I then told him about the vision someone had about me working in Naples. He became so excited and shared with me that his real love was massage therapy. The only reason he was here on this open house was because he had been told by another physic that he was to renew his Real Estate License and would get a listing on the beach. A woman would appear that would help him find his Spiritual path. He then looked at me and said, I think you are the one.

Ron then said to me, I would be happy to show you Naples tomorrow if you can stay over. The next day we had a wonderful tour of Naples and I felt like I was back home in California. It reminded me of a beach town in California. Before we left I did some energy work with Ron around muscle testing and three weeks after I arrived back in Michigan I received a call. He told me he had never felt better and that he had a challenge with chronic fatigue syndrome and had tried to get his energy back for over three years. He said he had not been tired one day since I worked with him. He then asked me when I could come back down, that he had a lot of his friends that wanted to work with me. On my Birthday, March 16th, 1997 I was driving back down to Naples, Fl.

I was blessed to get to stay at the home on the Gulf that Ron had listed and for three weeks I was in Florida, with the exception of traveling to LA for a Convention for five days and then back to Florida again.

Before I left for LA I had a phone call from one of my students in Naples. She wanted to take me down

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to the beach for an hour or so. I had a opening that afternoon and I joined her. We had been sitting on the beach for about twenty minutes and four Dolphins appeared just a few feet away from us in the Gulf. It seemed as though they were putting on a special show for us. My friend looked at me and said she was told by a reader the day before to bring me here because I was known in the Universe as the Dolphin Lady. I said, really, that is news to me. She then continued with the message that I knew of a City under the water. I then replied that she must be talking about Atlantis. I thought it was connected in some way to the Bermuda Triangle.

Three days later as I boarded the plane to LA the U.S.A News headlines were all about the mass suicides in California and some information about each person. One of my students had asked me about my thoughts on it all the day before. My response was "I really haven't had a chance to look at the news, but my feeling is that it is to let people know about spaceships." As I started reading the paper, on the fourth page was an article about an interview with a Dr. Spiegel from El Cajon, California.

He has done a lot of research connected to UFO's. When he talked about Earth being like a rotor roter, picking up speed for the past 150 years, and that we would experience in the near future a space ship landing at the Gulf of Mexico and the lost continent of Atlantis would be rising from the Bermuda Triangle it really got my attention. After I finished the Convention in LA I rented a car and drove down to meet Dr. Spiegel. We spent a few hours together and his message to me was that I was to hold the energy in Florida. It was obvious to me by this time that many changes were about to occur in my life. I now had to listen to what I teach. Trust and allow and don't ask the how.

By May I was back in Florida again. I had more people wanting the work in Florida than I did in Michigan. In July of 1997, I made a statement that I knew I was to move to Florida. I got back home in August and there was an eviction notice on my Condo door. The Association found out from someone that I was running a business out of my Condo and that was against the rules. I also received a message from Metatron about the 7-7-7 Gateway. That was all about the energy Gateway on that date that opened up 34% of human beings to their Spiritual truth. Those were my signs, it was time to move on. By Oct. the first I was moving to Ft. Myers Beach, Florida. I leased a house, sight unseen, on the Bay and Dolphins swam up to my dock in the backyard. My rent was \$100 less than I was paying in Michigan. Truly, Miracles from Heaven in 1997 was my theme that year.

My life has been very blessed since then. I now own a retreat center, which I have dreamed of for years, in Cape Coral, Florida. The healing that has taken place here since 1998 has been phenomenal. I have an Angel Garden in back that a student and friend, Doug Robinson, from Michigan helped me create. We have buried medications, even a cane and many people have left here healed in Mind, Body and Spirit. What blessings have transpired. In the next newsletter, the end of February, I will tell you about the miracles that happened in the creation of the center.

On Thanksgiving weekend in 1999, I was in Johannesburg, South Africa, doing my first Discovery. The minute I landed in South Africa I started crying. A part of my soul had found home. I have made many trips back, many are trained there to do the work, and I have made so many friends. I feel it is my second home. From there I opened up Singapore, and this year India and in April I will be

opening up Australia and New Zealand. I have also added Relationship workshops and Children's workshops to the program. I will be sharing with you in February another exciting venture that will be about opening up Spiritual Cities of the Future on a Global Basis. I apologize for not staying in closer touch but as you can see I have been very busy. Many things are changing in my life again and I don't have any idea where it will all lead too. I now have a web site up and running. I would love to have testimonials for that section and any news you think would be great to share. Please send them to me.

AS WE LOOK AROUND US
AT ALL OF THE CHAOS IN THE
WORLD LET US REMEMBER THE
SONG, LET THERE BE PEACE ON
EARTH, AND LET IT BEGIN WITH
ME. AS I SEND THIS MESSAGE OF
HOPE AND PEACE TO EACH ONE
OF YOU, KNOW THAT YOU CAN
BECOME LIKE THE EAGLE AND
SOAR INTO 2004. DREAM YOUR
DREAMS AND FOLLOW YOUR
HEART AND LET THE MIRACLES
FLOW.

HAVE A BLESSED AND PEACEFUL NEW YEAR

Love and Light, Sue Myers
(Break Thru Institute)

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